



CLOVER CLIPS

Virginia Beach 4-H



July-Aug 2025

# Meet your new Virginia Beach 4-H Agent!

## Desmyn Owens



### CONTACT ME:

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### ABOUT ME:

- Graduate Student at Virginia Tech (M.S. in Agriculture Leadership Studies)
- Virginia State University Alumna (B.S. Agriculture Business & Economics)
- Former Intern with Virginia Cooperative Extension at VSU
- 4-H, Jr. MANRRS, & Master Gardener Intern Volunteer
- Former Collegiate Softball Player
- Native of Brunswick County, VA

### HELLO VIRGINIA BEACH 4-H COMMUNITY!

I am so excited and honored to serve as your new 4-H Agent. It has already been a joy learning about the rich agricultural history of Virginia Beach and the incredible impact this program has had on youth and families over the years. I can't wait to meet the amazing young leaders, parents, volunteers, and community partners who make this program so special.

Thank you for welcoming me so warmly. I look forward to learning with you, growing together, and continuing to **make the best better** through 4-H in Virginia Beach!

**Sincerely,**  
**Des**



## Virginia Cooperative Extension

Virginia Tech • Virginia State University

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# Virginia 4-H Congress 2025



Our “Intern Extraordinaire” Kolby Snow accompanied some of our 4-Hers to Virginia State 4-H Congress!



**CONGRATULATIONS to our  
newly inducted  
VIRGINIA 4-H ALL STARS !!**

**Bailey Brown**

**Lily Dawley**

**Torrence Spreder**



## Congratulations GRADUATES!!

**Jaala Fidow** graduated from Atlantic Shores Christian School. She is in our VB Surf and Saddles Horse Club studying hippology, judging horses and participating in the Horse Bowl. Jaala is just one of the seniors that applied for the 4-H graduation package.

**Congratulations Jaala!!**





# 4-H Livestock Club

Livestock Show & Sale was a success! Thank you to all the folks that help put it all together; from the venue, set-up & take down crew, computer gurus, VCE staff, parents, families, friends and so many more. These are just a few photos—go to the VABeach Facebook page for more pictures!



## Virginia Beach 4-H Livestock Club

Youth ages 9-18—Project emphasis is on market steers, hogs, sheep, and goats.

4th Monday of each month (September-May)

7:00pm

Creeds Ruritan Community Complex. 1057 Princess Anne Rd, Virginia Beach, VA 23457

Club Leader: Kirby Malbone 757-705-3874 [pungovb@gmail.com](mailto:pungovb@gmail.com)









Katie represented Virginia Beach at the 4-H Southeast District Shoot on 21 June at Airfield 4-H Conference Center in Wakefield, VA. She placed 1st in BB with a score of 315! She also competed in Archery, the first archery competition Virginia Beach competed in since restarting our archery program in the spring. Our next competition is the Central District Shoot 12 July at Holiday Lake 4-H Education Center Appomattox, VA, where we plan to compete in BB, Archery, Air Rifle, and Small Bore Silhouette.







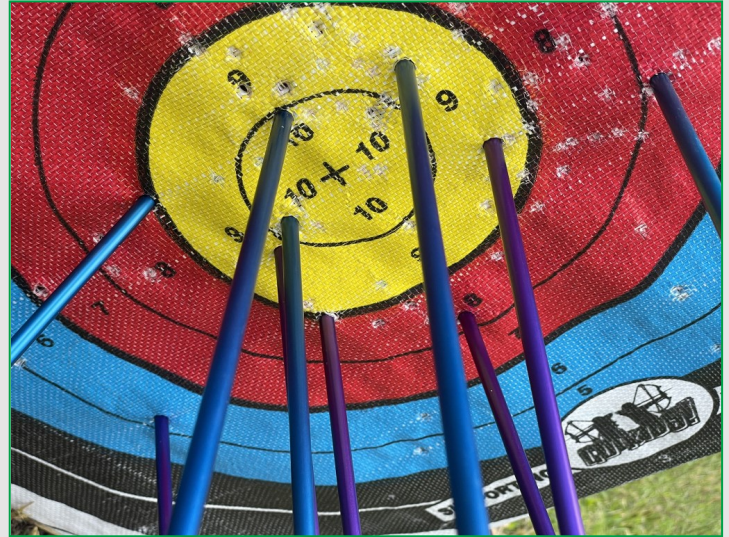
We competed at the Central District Shoot at the Holiday Lake 4-H Education Center on 12 July. Katie placed 3rd in her Archery division, and was just a few points shy of placing 3rd in BB. We competed in Small Bore .22 Rifle for the first time, participating in Silhouette and 3 Position. We are preparing and looking forward to competing in BB, Air Rifle, Small Bore Rifle and Archery at the State Shoot in September. .







**VB 4-H Shooting Sports  
Club meetings are  
FUN!!**



**Virginia Beach 4-H Shooting Sports** Youth ages 9-18 Gain knowledge on safe firearm handling. The club offers youth a wide variety of disciplines to choose from: Archery, Air Pistol, Pistol, Rifle, Shotgun, Muzzleloader and Hunting.

Creeds Ruritan Community Center. 1057 Princess Anne Rd, Virginia Beach, VA 23457

**Leader: Jeff & Alice Parks, [ordoparks@mac.com](mailto:ordoparks@mac.com), [vb4hshootingsports@gmail.com](mailto:vb4hshootingsports@gmail.com)**





# 4H SEAHORSE RIDERS

*Clover Clips*



## Celebrating 4-H Excellence at State Congress!

Our district recently gathered at the Virginia 4-H State Congress, and what an incredible celebration it was! We were especially proud to cheer on one of our very own Seahorse riders, Bailey Brown, who was honored as a newly inducted Virginia 4-H All-Star, a prestigious recognition of leadership, service, and commitment to the 4-H values.

Congratulations to all the new 4-H All-Star inductees! The ceremony was truly inspiring. Great job to everyone who participated and represented our district with pride!



## Cedar Hall Farm Visit

We had a great time at Cedar Hall Farm, where we learned about horse births and met a newborn foal! Huge thanks to Ms. Holly for hosting and to Debbie and Hazel for organizing this special hands-on experience. Moments like these show the heart of 4-H!



Please consider  
supporting!!

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A CAUSE**

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Fundraiser in support of:  
4 H Seahorse Riders

7/16/25 at 5 pm to 9 pm

Join us at P.F. Chang's - Virginia Beach  
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Virginia Beach VA 23462  
(757)473-9028

Bring your friends, family, and appetite—  
every bite makes a difference!

Fundraising offer valid only on the date(s) and at the P.F. Chang's location(s) identified on this flyer. P.F. Chang's will donate 10% of all food and non-alcoholic beverage sales to the organization. Tax, gratuity, gift card, and alcoholic beverage sales are excluded. Offer valid for dine-in or third-party delivery orders. Offer void if this flyer is distributed as or near the restaurant. Only nonprofit organizations and nonprofit schools are eligible to participate in the P.F. Chang's fundraising program. For more information about fundraising with P.F. Chang's, visit pfchang.com.

## 4-H Seahorse Riders Club Info:

Club activities include fun educational horse related activities, community service, fundraisers, hippology, horse showing, and more! Age ranges: 9-19 years old  
Meetings take place every 2nd Tuesday at 6pm. Locations vary.  
Club Leader: Kerri Mandras • 757-285-7656 • khudsonland@gmail.com





Urban Knights: Meets on Wednesdays from 4:00-5:00 at JEB Little Creek Base

Cloverbuds: Meets on Thursdays from 4:00-5:00 at JEB Little Creek Base

Club Leader: **La’Nashia Sparks** [lc4hclubs@gmail.com](mailto:lc4hclubs@gmail.com)



Midway Manor Plastic Initiative Spring Break Community Service Project. Here are the pictures from Spring Break. The 4-H Lucky Clover members collected over 150 bags on April 15, 2025 at the NAS Oceana Commissary. The goal was to trade out plastic bags and replace them with custom recycled bags. Youth shared the harmful effects of plastic bags on the environment.





### Virginia Beach 4-H Craft Club

Youth ages 5-18 -Crafts using paper, yarn, textiles and recycled items. Seasonal crafts, STEM related activities and community service projects.

2nd Monday of each month **PLEASE RSVP attendance before each meeting**

6:30pm Creeds Ruritan Community Complex. 1057 Princess Anne Rd, Virginia Beach, VA 23457

Club Leaders: **Jean Powers**, [jeankpowers@aol.com](mailto:jeankpowers@aol.com) or **Rose Talbott**, [Sandcrab151@cox.net](mailto:Sandcrab151@cox.net)



### Virginia Beach 4-H Beekeeping Club-

Youth ages 9-18

Learn the exciting world of honey bees and how to care for them.

3rd Tuesday of each month (with occasional field days)

6:30pm –8 pm TCC in VB ATC (Advanced Technology Center) Bldg. Rm.H170

Club Leaders: **Aimee Byman** [aimeepa2003@yahoo.com](mailto:aimeepa2003@yahoo.com) & **Jennifer.Elizonda** [info@4hforagers.com](mailto:info@4hforagers.com)

### Wave Riders Horse & Hippology Club

**Virginia Beach Wave Riders Horse & Hippology Club-** Youth ages 9-18

Everything horses; hippology (study of horse), horse judging. You do NOT have to have your own horse to participate. If you DO have your own horse –members compete in several 4-H shows a year.

Leader: Lou Cummings—[cummingsconfederatefarms@gmail.com](mailto:cummingsconfederatefarms@gmail.com)



### Surf & Saddles Horse Club- Youth ages 9-18

Interested in horses? Learn about them and do 4-H projects and activities. You do not have to have your own horse to participate.,

Leader: **Karen Smith** 757-405-6810 [karensmithsaddress@gmail.com](mailto:karensmithsaddress@gmail.com)

