



# 4-H CLOVER CLIPS



Virginia Beach, VA

October 2023

## Growth and Impact

### Mark your Calendars

- ♦ October 16, Ham Project Registration Opens
- ♦ October 24, 2023 VB Teen Club Interest Meeting, 6pm Meyera Oberndorf Library
- ♦ October 17, 2023, Camp Counselor Applications open
- ♦ November 4, 2023 Simply Southern Country Ham Cooking Event 12pm-3pm
- ♦ November 8 and 21, Teen Club Meeting 6pm, Meyera Oberndorf Library
- ♦ December 1, 2023 Camp Counselor Applications due <https://tinyurl.com/5h3spbjy>
- ♦ July 15-19, 2024 VB 4-H Summer Camp Week

**It is a new 4-H programming year and the horizon looks bright indeed. There are a ton of events and opportunities for youth and their family this fall. A few highlights are below.**



When: November 4, 2023, from 12pm-3pm  
Where: VA Beach Masonic Lodge, 2849 Princess Anne Rd., VA Beach, VA 23456  
Cost: \$20 per person  
What's Included?

- Recipe sampling
- Hands-on demonstrations
- Door prizes
- Grandma's Traditional Recipe Contest (Optional) \*

Register online here: <https://tinyurl.com/kvcwunfm>

Scanning this QR Code will also  
Take you to the registration website.



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# SIMPLY SOUTHERN HOLIDAY COOKING

WITH CHEF KIP POOLE AND VA BEACH 4-H



**4th**  
**November**  
**12-3pm**

Princess Anne Mason  
Lodge, 2849 Princess  
Anne Rd., VA Beach  
23456

HOW MANY DIFFERENT WAYS CAN  
YOU INCORPORATE COUNTRY HAM  
INTO YOUR YEARLY AND HOLIDAY  
MEALS?

RECIPE CONTEST, SAMPLES, DOOR  
PRIZES, AND ACCESS TO TASTE BUD  
HEAVEN!

**\$20 per person**

REGISTRATION FOR THIS EVENT HAS BEEN  
UPDATED. PLEASE, USE THE NEW LINK BELOW  
TO REGISTER

## MORE INFORMATION



Jonette Mungo, 757-385-4769, [jonetm4@vt.edu](mailto:jonetm4@vt.edu), or visit: <https://tinyurl.com/kvcwunfm>



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# Virginia Beach 4-H Teen Club- REBOOT!!

4Teens are an important part of 4-H Youth Programming. At age 14 a teen can participate in our state and national level civic engagement opportunities. The VA Beach 4-H Teen Club gives teens a safe space to be who they are in a fun and inviting environment. Our Teen Club also trains our members how to present themselves to elected officials and speak on matters important to them and their community. We help youth find their voice and connect to a larger network of like-minded youth who want to make a positive impact no matter where their interests take them.



## 4-H TEEN CLUB



Let your voice be heard!

TRUSTWORTHINESS WAY

RESPECT AVENUE

RESPONSIBILITY RD

FAIRNESS BLVD

CARING STREET

CITIZENSHIP LANE

**CHARACTER  
COUNTS!**



**OCT 24,  
6-7 PM**

**MEYERA  
OBERNDORFF  
LIBRARY**

**Central Libris Room**

4100 Virginia Beach Blvd, Virginia  
Beach, VA 23452

Contact Jonette Mungo, VA Beach 4-H Agent, for more  
information:

757-385-4769

[jmungo@vbgov.com](mailto:jmungo@vbgov.com)



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It's a new day and age for our Gen Z and Gen Alpha youth. The 4-H Teen Club is here with a FRESH REBOOT designed for an by VA Beach Teens.

Join us on October 24, 2023, at the Meyera Oberndorf Central Library for our first Interest Meeting, from 6:00-7:00 pm. Come when you can. It's better to be late, than to not come at all to this first interest meeting.

If you are a person with a disability and desire assistance or accommodation, please notify Jonette Mungo, 4-H Agent, at the Virginia Beach Extension Office at (757) 385-4769(TDD\*) during business hours of 8 a.m. and 5 p.m.

\*TDD number is (800) 828-1120.



## 4-H Advisory Council

We are looking for more dedicated adults to be a guiding group for the direction of the VA Beach 4-H program. If you are a 4-H All-Star, have ever participated in 4-H as a youth or adult in VA Beach or other places, or have a passion for working with youth, please consider applying to be a member of our

4-H Advisory Council. We are accepting youths aged 14-19 and adults of all ages and professions. You can access the application at this link and QR code. Applications are being accepted from July 1-20th.

[https://vce.az1.qualtrics.com/jfe/form/SV\\_bwPpXmr1YWsjFLA](https://vce.az1.qualtrics.com/jfe/form/SV_bwPpXmr1YWsjFLA)



## PLEASE, TAKE OUR SURVEY.

It is important that we hear from the community to help us identify areas of need for future programs from our Extension Office.

[https://vce.az1.qualtrics.com/jfe/form/SV\\_OjDP8lM9LGRydAq](https://vce.az1.qualtrics.com/jfe/form/SV_OjDP8lM9LGRydAq)

Don't forget  
we want to hear  
from you and work  
with you.



# Surf and Saddles

*This year Jaala entered a 4H art contest and won a blue ribbon for her watercolor **Laurenti En The Sun**. she was given almost 100% positive feedback from all the judges.*



**What We're Up To...** In addition to our regular business meetings, horse knowledge practices, committee meetings, and fundraising, our club has been busy attending events. On 1/28 Rheya, Selena, and Scarlett attended the NED Introduction to EquiSmartz! All learned tons and had a great time. We saw some old friends and made some new ones. On 2/22 Selena attended the SED Introduction to EquiSmartz which was also a lot of fun! On March 30th Selena, Scarlett, Hailee, and Rheya attended EquiSmartz for the Hippology Contest.

- ◇ Scarlett placed 5th in halter, 2nd in performance
- ◇ In the Senior division Selena was 10th for performance.
- ◇ Hailee participated in the Novice division placing 11th overall.
- ◇ In the Junior Division Scarlett was 9th on the Exam, 4th in Horse Judging, 10th for Stations, 4th for Team Problem, and 6th Overall!

Scarlett, Selena, Hailee, and Rheya attended the Horse Bowl contest on April 1 at EquiSmartz, our team joined forces with the Eastern Shores 4-Hers. The junior team placed 4th and the senior team tied for 6th.

On June 3rd Jaala, Selena, Rheya, and Scarlett attended the Southeast District State Qualifying Horse Show; all the girls passed the skills testing, received a blue ribbon in showmanship, but most importantly, all qualified for State Horse Show.

- ◇ Jaala was 1st for Grand in Senior Hunter Showmanship.
- ◇ Scarlett was 5th in Junior Hunter Equitation,
- ◇ Rheya was 2nd for Reserve in Junior Hunter Showmanship and placed 1st, 2nd, and 5th in her riding division.
- ◇ Selena was 3rd in Senior Showmanship, 3rd in Hunter Equitation on the Flat, as well as taking home three 1st and a Grand in Senior Hunter Pleasure.

**GREAT JOB GIRLS!**





On Sunday, September 24th the Top Shooters hosted a Fall Open House. Instructors John Kenneley, Jeff Parks and Alice Parks spent time with new families and took the new members through 4-H Marksmanship First Steps



Youth members, including Shane Kenneley and Katie Parks assisted in demonstrating their skills and answering questions. The new marksmen were on the line, and shooting in short order. Everyone was very interested and had a great time. It was a great group with everyone involved and helped out.

The club is offering 4-H Rifle and Archery this year. If you would like your child to attend the next Open Houser and take First Steps for Rifle, please let us know and we will put you on distro for the next one. Let us know a head count of adults and youth, names and ages so that we have enough material and refreshments. There are limited spots and it is first come, first serve, so please respond back in a timely manner. Virginia Beach 4-H Top Shooters Leadership Team

Please Email Today: [VB4HTopShooters@gmail.com](mailto:VB4HTopShooters@gmail.com)





Virginia Beach 4-H Top Shooters Leadership Team

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# 4-H Craft Club

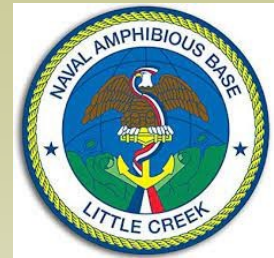
The Virginia Beach 4-H Craft Club will hold its first meeting of the new 4-H Year on October 9, 2023 at 6:30 p.m. at the Creeds Ruritan Community Complex at 1057 Princess Anne Rd., Virginia Beach. The Club meets October through May of each year. Membership is capped at 12 members and prior members are given priority membership acceptance. RSVP's are required a week before each meeting to make sure leaders have enough supplies for each 4-H'er.

This year club leaders are planning projects that include beads, paper, candy making, ornaments, and holiday crafts.

The Virginia Beach 4-H Craft Club meets at 6:30 p.m. on the 2<sup>nd</sup> Monday of October through May at the Creeds Ruritan Community Complex. Our club leaders request that we RSVP our attendance before each meeting to ensure they have enough craft supplies for everyone. If you're interested in joining the Craft Club, contact the Club Leaders – Jean Powers, [jeankpowers@aol.com](mailto:jeankpowers@aol.com) or Rose Talbott, [Sand-crab151@cox.net](mailto:Sand-crab151@cox.net) for more information.



# Underwater CLOVERBUDS



It's been a busy summer for our Little Creek 4-H Clubs. In June, both clubs united for an awards ceremony. Every youth enrolled in 4-H received an award of some sort. Special recognition goes to the Urban Knight of the Year, Aksel E., and the Underwater Cloverbud of the Year, Emmanuel S. Over the summer, both groups participated in a water balloon fight. The Urban Knights even held their fight in the rain! Both groups also went on a picnic to Mt. Trashmore, where they were able to hang out, make new friends, eat a homemade meal, and get away from the youth center for a while. .



*Cloverbuds at Mt. Trashmore (L-R: Taya, Izabelle, Izzy, Amari, Declan A, Ryan, Desmond, Emmanuel)*



Underwater Cloverbud of the Year: Emmanuel S.

The Cloverbuds finished the summer by having an ice cream party. They practiced measuring, teamwork, and patience as they added all of the ingredients to the ice cream maker and waited for their homemade ice cream to churn. Then, they were able to add a variety of toppings, including gummy worms, Oreos, brownies, caramel syrup, and more. Once they finished their ice cream, these youngest 4-H members displayed respect and responsibility by cleaning up their mess and washing dishes.

There will be an informational meeting on September 7 for all youth interested in joining 4-H this year. Beginning September 13, the Urban Knights will begin meeting every Wednesday from 4-5pm, while the Cloverbuds will meet every Thursday from 4-5pm. Officer elections will be held on September 20. During the month of October, youth will participate in a variety of health and fitness activities, including soccer, healthy snacks, and an obstacle course.

The Little Creek Underwater Cloverbuds meet each Thursday from 4-5pm at Little Creek Youth Center.

# JEB Little Creek Urban Knights



For the second year in a row, the Cloverbuds participated in an art project to commemorate the year. But this year, the Urban Knights joined the project. The Cloverbuds section of the canvas was adult-led, while the Urban Knights section was completely youth-driven. The Urban Knights chose the color of their section, the color of their handprints, and where to place their handprints within their section.

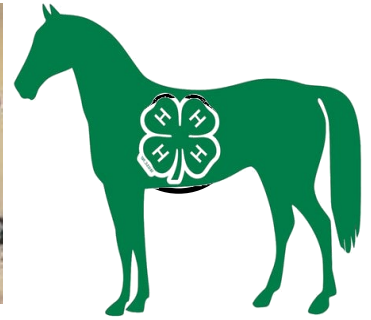


To finish out the summer, the Urban Knights participated in an archery activity. For many youth, this was their first experience with archery. After learning all about safety, the parts of a bow and arrow, and line commands, youth began shooting at the targets. Many of the youth proved to be great archers once they got the hang of things.



All Urban Knights and Underwater Cloverbuds present at the June Awards Ceremony





In our last quarter of the year we went to the Virginia Beach Polo Club and all had the opportunity to play "stick and ball."

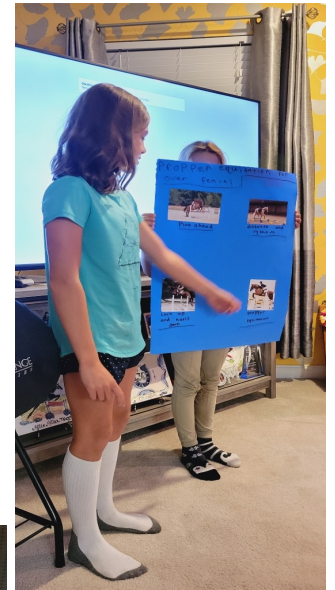


Some of our members went and learned at the wild-life facility in Corolla. Team members did presentations on proper leading of a horse, the difference between English and Western saddles, and proper equitation over fences.




At our September meeting we had induction of our new officers:

- President: Bailey
- Vice President Ryley
- Secretary Paisley
- Treasurer: Elliott
- Pledge Leader: Kensington
- Reporter: Emma
- Sergeant at Arms: Keira



The Seahorse Riders will continue learning about horsemanship, participating in various activities related to horses, and volunteering at local barns.

Sea Horse Riders is open to youth ages 5-18 who are interested in learning about horses and other 4-H projects. Sea Horse Riders meet the second Tuesday of each month at various locations. For more information, please, contact Club Leader Kerri [khudsonland@gmail.com](mailto:khudsonland@gmail.com)



**You can find the full-length version  
of our Virginia Beach 4-H *Clover  
Clips Newsletter* on our webpage  
and social media sites.**

**<https://virginia-beach.ext.vt.edu/news/CloverClips.html>**



Scan me to find all of  
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one place or follow  
this link.

**<https://linktr.ee/Vabeach4h>**



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