



4-H CLOVER CLIPS

Virginia Beach, VA

January 2023



4- H Programs are growing!

Mark your Calendars

- ♦ January 9, 2023 Embryology Project Opens for Registration.
- ♦ January 11, 2023 Embryology Project Orientation and Training- 4:30pm-6pm
- ♦ January 21 Ham project begins at the VB Farmer's Market
- ♦ January 18, 2023 4-H Day at the Capitol
- ♦ January 31, 2023 Camp Counselor Applications due <https://tinyurl.com/5h3spbjy>
- ♦ March 2, 2023 Embryology egg pick-up
- ♦ March 15, 2023 4-H Camp Registration Opens

VA Beach 4-H Welcomes Parkway And Three Oaks Elementary to the 4-H Ham Project

It's a fact that every 4th grade student in Virginia is required to learn about the early English colonists who settled here in Virginia. In fact the lessons they learned and the traditions they started are still in tact today. This year we are proud to welcome Parkway and Three Oaks Elementary 4th and 5th grade students to the project. These schools will receive instruction in an exclusive 4-H curriculum called Surviving Jamestown, which focuses on the agricultural and environmental practices that saved the colony and played a pivotal role in successfully establishing the Virginia colony as a cornerstone of settling the New World.

Students in these two schools will join one of their school's ham teams led by selected teachers from their school and headed up by Mrs. Kellie Whalen and Mrs. Julie Byers. Together they will learn the traditional way of creating a VA Country Ham, salt cured and smoked as taught by the Native Americans to English colonist. Hams will be cured and smoked right here in VA Beach. They will be shown at the June 2, 2023 4-H Livestock Show and Sale event.

Smithfield Foods, Inc., in Smithfield, VA, has been very generous in donating hams to this project again this year.



Virginia Cooperative Extension
Virginia Tech • Virginia State University

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Thank you Dominion Energy



Thank you to the Norfolk Network and Norfolk Construction departments of Dominion Energy who donated the man power, time, and tools to help build our new ham salt-ing shelves for our VB 4-H Ham Project. Fletcher Flanagan (far left) long time 4-H youth and Livestock Club member, also assisted with the materials logistics and build.

This was a team effort and we are thankful for such a wonderful and supportive community. Without the help of this crew, this year's project would have been very challenging. We are very grateful for their expertise and skill and working to complete this task on a very cold day.



Don't miss out on these upcoming 4-H programs

4-H Embryology



Registration opens for this project on January 9, 2023. All those who plan to participate are asked to be present at the project orientation on January 11, 2023. The goal this year is to have a 75% hatch rate. Eggs should begin hatching on March 23, 2023. All chicks will be returned to the 4-H Office on March 31, 2023 giving students a week to observe, interact, and care for the new baby chicks.



4-H Day at the Capital (Civic Engagement)

Event takes place on Wednesday, January 18, 2023. Participants will travel to Richmond, VA and meet with their elected officials, tour the Capitol Building, and sit-in on an active session in the Virginia House of Delegates or the Senate. The day will conclude with a special visit to the Valentine History Museum.



Participants will return around 5:30PM. No history book can compete with this immersive experience.

Now you can sign-up to participate in our programs with your entire family participating together. Some projects require extra resources that may be provided through 4-H. There is a longer description of each program and project available on our website. Each program has its own page and sign-up. Some programs are more suitable for classroom, but all can be adapted to suit the needs of individual learning environments. These offerings can be found on our Educational Program Website: <https://sites.google.com/vt.edu/virginia-beach-4-h-inschools/home>

4-H Center News!



Virginia 4-H is pleased to announce that Dr. Kathy Guindon has accepted a one-year Center Director appointment at Airfield 4-H Center.

Kathy, aka Dr. G., is originally from Pennsylvania where she earned her B.S. in Biology at Lebanon Valley College and then spent a few years in Raleigh, NC where she received her Master's degree from North Carolina State University studying habitat utilization and growth rates of juvenile southern flounder in the Pamlico Sound.

She served as Director of the FWC's Suncoast Youth Conservation Center in Apollo Beach, FL, leading year-round, hands-on, marine science conservation education programs and Creating the Next Generation That Cares™.

She is excited to be a part of Virginia Cooperative Extension's 4-H Team and to watch the Airfield - Southeast 4-H Education Center blossom into its next chapter of life!

Christmas at Airfield 4-H Center



Open House at Airfield held on Saturday, December 10 was a beautiful opportunity to see the 4-H Center decked out for the Holiday. It was an even better occasion to meet Dr. G, our new 4-H Center Director, and hear all about the amazing things happening at our 4-H Center.



Camping season will be here before you know it, so take an opportunity to see the center for yourself. They have events coming up and **ALL are invited!**

4-H Center News!

Airfield 4-H Educational Center
15189 Airfield Rd.
Wakefield, VA 23888

HIRING

Office: 757-899-4901
Kathyg22@vt.edu

Summer Seasonal Staff

Airfield needs 16 people for summer camp staff. These individuals have typically completed at least one year of college and have a desire to work with youth in a residential camping setting. Application can be found at this link: <https://form.jotform.com/222896491187167>

Airfield Program Director (open through January 16)

The Program Director's primary responsibility is to oversee 4-H Center programming— to plan, conduct, supervise and evaluate educational programs for youth and adults. All youth programs will be conducted in accordance with the Virginia 4-H Program guidelines, the Virginia Department of Education's Standards of Learning guidelines, and the American Camp Association's standards for camps and conference centers. Apply using this link: <https://careers.pageuppeople.com/968/cw/en-us/job/521506/4h-program-director-airfield-virginia-4h-educational-center>

SPECIAL EVENT



FEBRUARY 14, 2023
5PM TO 8PM

A DINNER FOR YOU AND YOUR LOVED ONES

**HAPPY
VALENTINE'S DAY**

CALL 757-899-4901
RESERVATIONS REQUIRED
BY 2/7/2023

\$30 PER PERSON
FREE PARKING
EXPERIENCE... PRICELESS

MENU:

CAESAR SALAD
RASPBERRY BREAD
CHICKEN CORDON BLEU
DESSERT



The Seahorse Riders elected new officers in September and in October they were inducted.

They are:

President -	Bailey
Vice president -	Paisley
Secretary -	Keira
Treasure -	Elliott
Pledge Leader-	Kensington
Reporter -	Hazel and Hailey
Historian -	Lucy

Many of these officers went to the 4-H officer training where they learned how to lead a meeting following Robert's Rules of Order and how to complete the duties of their office. They had fun and learned a lot.



Some of our club members went to the Trunk or Treat with the Virginia Beach Mounted Police. Also, this fall members went on a trail ride with James River Hunt Club, and many horse shows. We gained many new club members this season.

The Seahorse Riders will continue learning about horsemanship, participating in various activities related to horses, and volunteering at local barns.

Sea Horse Riders is open to youth ages 5-18 who are interested in learning about horses and other 4-H projects. Sea Horse Riders meet the second Tuesday of each month at various locations. For more information, please, contact Club Leader Kerri khudsonland@gmail.com

4-H Craft Club



At our October meeting, club members made paper sunflowers, lollipop spiders and decorated Halloween treat bags.



During our December meeting, club members made Christmas ornaments and holiday pretzel treats. We will also be electing officers for the 2022-2023 4-H year. Future projects include winter, Valentine and spring crafts.



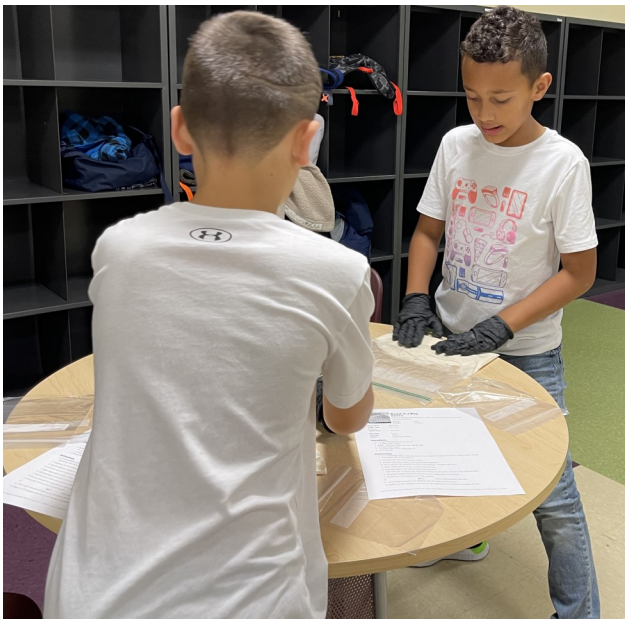
The Virginia Beach 4-H Craft Club meets at 6:30 p.m. on the 2nd Monday of October through May at the Creeds Ruritan Community Complex. Please RSVP prior to attending a meeting. For more information and to get on the notification list.

JEB Little Creek Urban Knights



Reagan R., Lyrik R., and Kai R. show off their face/hand paint during the Cloverbuds Carnival

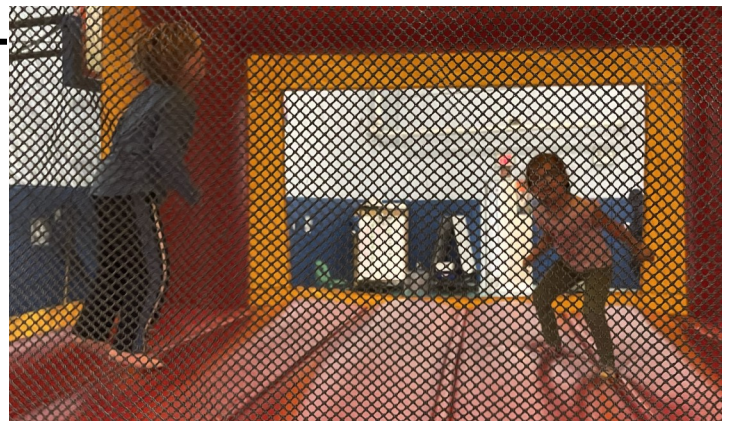
Underwater
CLOVERBUDS



Quinten B. and Aiden S. make bread in a bag and Chloe R. and Allie W. enjoy some fun in a bounce house.



Reagan R. and Ryleigh G. participate in gymnastics activities, while Allie W. looks on.



Learn more about 4-H Youth Programming and Military Partnerships by going to this website:
<https://4-hmilitarypartnerships.org/>



Foragers 4-H Beekeeping Club

Over the past few months, the 4-H Foragers Beekeeping Club has participated in a myriad of activities and fundraisers. In October the farmer's market hosted the SE Hokie Bugfest. Clubs, organizations, and companies attended to spread the word on the insect kingdom. The Foragers hosted a table to educate the public about the club and honeybees utilizing an observation hive. Several of our members visited the 4-H table with Jonette Mungo and participated by eating a freeze-dried insect. They described it as salty and like a pistachio nut. The public was also allowed to participate, anyone brave enough to eat one was given a custom pin that said, "I Ate a Bug Today."



During our last meeting, we discussed scheduling for our next meeting and bonfire. We decided to move our December meeting to a week earlier so it didn't coincide with the break from school when families tended to be out of town. At the next meeting, we plan on holding our Christmas party and white elephant gift exchange. Additionally, we are going to have a pot luck/bonfire a couple of weeks later for a fun bonding activity.



Meetings are every third Tuesday of the month at 6:30 pm at the Extension Office as well as occasional field days for hands-on learning. For more information, contact Aimee Byman at info@4hforagers.com ~



Midway Manor Presents...

4-H Giving Tree



Midway Manor Lucky Charms and Cloverbuds have kicked off the holiday season with a Giving Tree Community Service Project. The project began on November 28th and will be completed on December 16th. Lucky Charm and Cloverbud youth identified the need for food and winter items in our area and decorated Clover-shaped ornaments with items to be donated to the Food Bank, HER Shelter, and SPCA. Youth have been promoting the activity during morning and afternoon care and have received over 100 items from 20+ families. Items collected will be delivered during winter break.





Our club is growing! Skilled happy club members have led to us having had some fun and successful practices. With such a fun and skilled team of adults, we know our club members will do well in their contests this year.



Highly trained and skilled adult club leaders help youth master firearm safety, marksmanship, and teamwork while training in sport and competition shooting. These dedicated club leaders teach youth many developmental skills including discipline and responsibility, while cultivating skills that could lead to college scholarships and/or Olympic team competition.

4-H Top Shooters Club meets at the Creed Ruritan Community Center. For more information, email: vb4htopshooters@gmail.com or visit: <http://vb4htopshooters.com/>

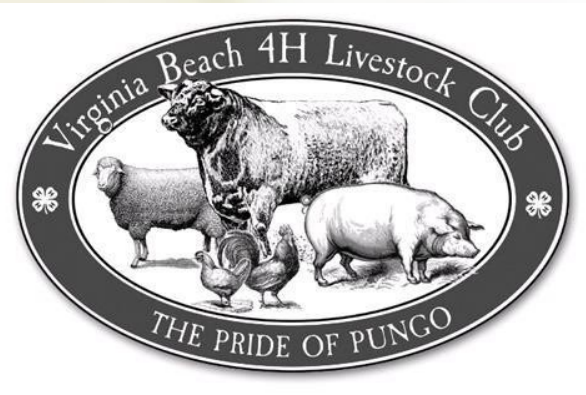
4-H Livestock Club



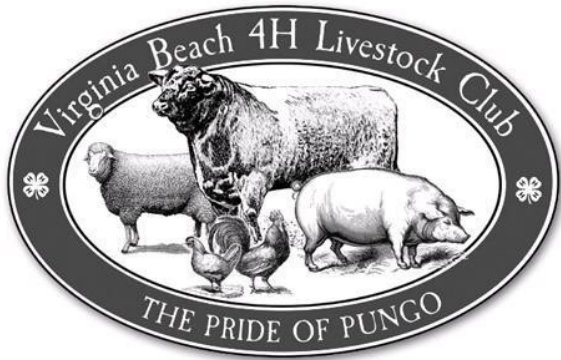
The first 4-H Livestock Club meeting was held on September 26, 2022. New 4-Hers were introduced to the club and club officer roles were presented. We have several members who showed in the Virginia State Fair this year. Our club focuses on animal

science and often hold workshops for our members who are raising livestock animals. Workshops have been held for lambs, goats and hogs.

So far we have had special presentations from our 4-H Agent, Jonette Mungo, about the ham project and the history of Smithfield Country Hams. Our second was from a Purina Show Feeds representative who explained how the right animal nutrition program affects the health and growth of market animals.



Christmas is a time of giving. For our club's winter community service project we chose to collect canned goods for our local foodbank and to collect drink tabs to donate to the Shriners. As a show of unity and love for our community, we always attend the Pungo Tree Lighting and setup a table for our club where we sell hot chocolate and provide information about our club. This is perfect for us because our Christmas wreath fundraiser happens during this time as well and it was successful again this year.



Whether you own livestock or live in an agriculture zone in Virginia Beach or not, you can join the 4-H Livestock Club and learn about this industry while developing great friendships and securing a great career path for yourself. We'll make sure you get to a farm or barnyard to interact with some animals.

Club meetings take place on the 4th Monday of each month at 7pm at the Creeds Ruritan Club Complex. Non-ownership and Skill-a-thon team meetings are scheduled with those leaders. If you'd like more information on the club or how you can participate, please, contact the Livestock Club leaders Kirby Malbone and Donna Vaughan vb4hlivestock@gmail.com or contact VB 4-H Agent Jonette Mungo, jonetm4@vt.edu (757) 385-8153.

Applications are now OPEN!!

VA Beach 4-H Camp Week is July 24-28, 2023

<https://tinyurl.com/5h3spbjy>

We will continue to accept applications until all Counselor Positions are filled.

Looking to fill 20 female and 20 male counselors for camp this year.

If you or someone you know is interested in gaining leadership training and experience through our 4-H Junior Summer Camp experience please use the forms below to complete your Camp Counselor application. You can download and forward it to your friends. And you can share the links with your references for them to complete their recommendations for you.

This application is for youth ages 13-14 who wish to be a Counselor- In- Training (C.I.T.) and for Teens ages 14-18 who wish to be a Teen Camp Counselor. Each applicant both CIT and Counselor need to have 3 References.



YOUTH IN ACTION

4-H is a national youth organization built on empowering youth to be the leaders and change makers in their community. Our clubs are led by trained, caring adult volunteers.

Our club leaders instruct our youth following the 4-H “Learn by Doing “ model. We provide opportunities for these youth to shine as leaders and youth ambassadors.

The photo above spotlights our 4-H Foragers Bee Club. The above photo shows youth club leaders in action educating the public during the Southeast Virginia Hokie Bug Fest.



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Website: <https://virginia-beach.ext.vt.edu/programs/4-H.html>

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