

# 4-H CLOVER CLIPS



Virginia Beach, VA

September 2022

## 4-H Programs have plans for expansion to reach new audiences in the city!

### Inside this Edition

- ◆ **4-H increases reach through partnerships with schools and teachers**
- ◆ **Learn about new ways your family can participate with 4-H**
- ◆ **Ham Project:** Whether you have participated in the past or not, please register for this orientation so you can receive information for this project.
- ◆ **Join a 4-H Club:** Open enrollment begins October 1st. Read about our clubs and join one today.

### Participation with 4-H is a fun family experience for the whole family

October 1st marks the beginning of the new 4-H programming year and this year there are plans to expand 4-H programs and offerings to reach more youth throughout the city.

Many youth and families in Virginia Beach are still unaware of the opportunities available for families and youth through 4-H programs. This program year there are plans to partner with more schools and work together to increase family and community engagement with educational youth programs both formal and informal.

Teachers can sign up to have the 4-H Agent come out and deliver programs directly to their students. All programs align with state SOL standards and offer a hands-on experience for students that is proven to increase information retention and teach students life applicable ways in which classroom learning can impact their lives.

Any Virginia Beach resident can also participate in our programs and community-based 4-H Clubs. Information can be found on our website <https://virginia-beach.ext.vt.edu/programs/4-H/our-clubs.html>

Learn more about some of our most popular programs here: <https://virginia-beach.ext.vt.edu/programs/4-H/ourprograms.html>

There are many offerings for youth, families, schools, and the community to participate with 4-H. Each has their own page and sign-up. These offerings can be found on our Educational Program Website: <https://sites.google.com/vt.edu/virginia-beach-4-h-inschools/home>

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# Register for our School, Family and Community Programs

Now you can sign-up to participate in our programs with your entire family participating together. Some projects require extra resources that may be provided through 4-H. There is a longer description of each program and project available on our website. Each program has its own page and sign-up. Some programs are more suitable for classroom, but all can be adapted to suit the needs of individual learning environments. These offerings can be found on our Educational Program Website: <https://sites.google.com/vt.edu/virginia-beach-4-h-inschools/home>

## Program Offerings:

### 4-H Ham Project

*-Introduction and Overview-* Tuesday, October 11, 2022, from 4:30 pm-5:30 pm @ Hampton Roads AREC room #125. (1444 Diamond Springs Rd., VA Beach)

### Rabbits in the Classroom (Habitat/Niche/Agriculture)

*-Orientation and Training-* Thursday, October 20, 2022, from 4:30pm-6pm @ the VB Extension Office. (2449 Princess Anne Rd., Building #14 2nd Floor)

### 4-H STEM Challenge

*-Introduction and Training- FREE KIT TO THE FIRST 4 REGISTRANTS!* Monday, October 24, 2022 at 4:30pm-6pm @ the VB Extension Office. (2449 Princess Anne Rd., Building #14 2nd Floor)

### 4-H Embryology

*-Orientation and Project Resources Training-* December 1, 2022, from 4:30pm-6pm @ Hampton Roads AREC room #125. (1444 Diamond Springs Rd., VA Beach)

### Surviving Jamestown and Colonialism (Classroom Series)

*-Orientation and Training-* Register to learn about a 4-H classroom experience that can come to your classroom or and homeschool group. Tuesday, November 29, 2022 from 4:30pm-6pm @ the VB Extension Office. (2449 Princess Anne Rd., Building #14 2nd Floor)

### 4-H Day at the Capital (Civic Engagement)

*-Orientation-* Zoom scheduled for Monday, December 5 at 4:30 pm. Event takes place on Wednesday, January 18, 2023. Schools, clubs, and families travel to Richmond, VA for an immersive experience in VA government and history.

# 4-H Craft Club

The next 4-H Craft Club meeting will be October 10, 2022 at the Creeds Ruritan Community Center at 6:30 p.m. The project for October will be fall themed and we will play a few games of Halloween Bingo which everyone enjoyed at our October meeting a year ago. Our club membership is limited to 12 with priority enrollment given to returning club members from the 2021-2022 4-H year. Look for messages regarding 4-H Online enrollment which will be sent to your email. Club officer elections will be held at the November meeting. Our November meeting will be our annual community service project, creating handmade Christmas cards in association with Hero Kids Foundation. Our cards will be sent to US service members around the world. The December meeting will be a holiday themed project. Please RSVP prior to attending a meeting. For more information and to get on the notification list, please contact: Ms. Jean [jeankpowers@aol.com](mailto:jeankpowers@aol.com) or Ms. Rose [sandcrab151@cox.net](mailto:sandcrab151@cox.net)



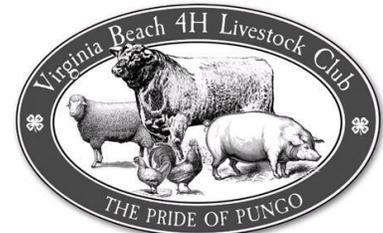
Highly trained and skilled adult club leaders help youth master firearm safety, marksmanship, and teamwork while training in sport and competition shooting. These dedicated club leaders teach youth many developmental skills including discipline and responsibility, while cultivating skills that could lead to college scholarships and/or Olympic team competition.

4-H Top Shooters Club meets at the Creed Ruritan Community Center. For more information, email: [vb4htopshooters@gmail.com](mailto:vb4htopshooters@gmail.com) or visit: <http://vb4htopshooters.com/>

Membership is on a first come, first serve basis. We will add prospective members to our waitlist.

## 4-H Livestock Club

Whether you own livestock or live in an agriculture zone in Virginia Beach or not, you can join the 4-H Livestock Club and learn about this industry while developing great friendships and securing a great career path for yourself. We'll make sure you get to a farm or barnyard to interact with some animals.



Club meetings take place on the 4th Monday of each month at 7pm at the Creeds Ruritan Club Complex. Non-ownership and Skillathon team meetings are scheduled with those leaders. If you'd like more information on the club or how you can participate, please contact the Livestock Club leaders Kirby Malbone and Donna Vaughan [vb4hlivestock@gmail.com](mailto:vb4hlivestock@gmail.com) or contact VB 4-H Agent Jonette Mungo, [jonetm4@vt.edu](mailto:jonetm4@vt.edu) (757) 385-8153.



Seahorse Riders took a short summer break then resumed in August at the Silver Moon Vaulting barn located in Suffolk, Virginia. Equestrian Vaulting helps develop a balanced seat that can be used across any riding discipline. The girls were introduced to Mrs. Cindy Rohrer and her daughter, Lucy, who both are instructors for the Silver Moon Vaulting group. They met Fancy, one of the main horses used to train for vaulting. Miss Lucy, who also performs at competitions, showcased her skills to the group. The Seahorse Riders were given the chance to practice the basic skills on a barrel. They were allowed to try standing on Fancy while Miss Lucy spotted them.

Seahorse Riders have their next meeting scheduled for Sept. 13th where they will nominate officers for the upcoming 4H year. The Seahorse Riders plan to continue learning about horsemanship, participating in various activities related to horses, and volunteering at local barns. We currently host meetings on the second Tuesday of every month and have enrollment spots open for those interested in learning about horses.



Sea Horse Riders is open to youth ages 5-18 who are interested in horses and other 4-H projects. Sea Horse riders meet the second Tuesday of each month at various locations. For more information, please contact Club Leader Kerri [khudsonland@gmail.com](mailto:khudsonland@gmail.com)

# Foragers 4-H Beekeeping Club of Hampton Roads



Club skill-a-thon kicked off with a great presentation on beehives by club member, Lili. Members had an awesome opportunity practicing their beekeeping skills and knowledge during a game of jeopardy!



A meeting was held at the Apiary where members were able to watch Mr. Hodgie complete a hive split! The bees were getting over crowded, and there was a frame with several large queen cells on it. Mr. Hodgie split one of the frames and showed us large queen cells on the frame. This is not something we would normally have the opportunity to see!



Elianna's presentation discussed the importance of pollination toward our crop industry. Fun fact: the color of honey is related to the type of flower they are pollinating to obtain nectar.

July we had a volunteer activity at the pollinator garden. Club members helped weed the flower beds. We have a bee vacuum workshop scheduled for our July Meeting! A bee vacuum is a safer and easier method to collect a wild swarm of bees and safely relocate them.

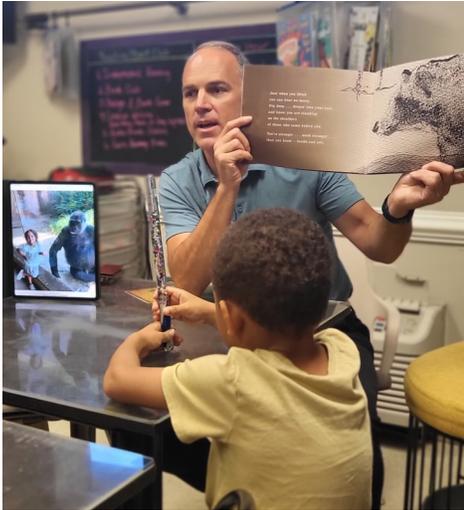


Meetings are every third Tuesday of the month at 6:30 pm at the Extension Office as well as occasional field days for hands-on learning. For more information, contact Amy Byman at [info@4hforagers.com](mailto:info@4hforagers.com) ~

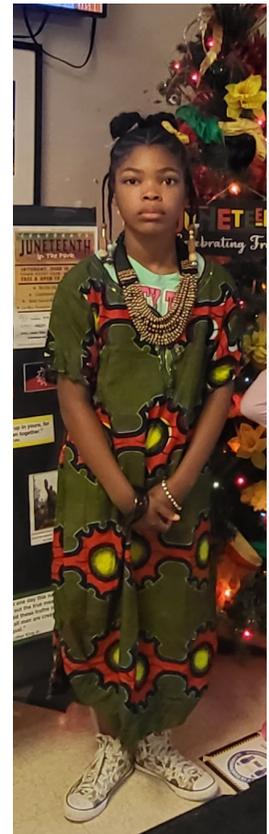
# NAS Oceana Midway Manor Lucky Charms 4-H Club



Midway Manor was so excited when author Joel Katte did a book club read with our Midway Manor youth. Joel Katte is the author of Finding You at the Zoo.



Juneteenth is a very important day in African American History. The children celebrated by making African American Jewelry.



**4-H  
Military  
Partnership**

# Midway Manor's Summer Activities

Youth practiced safe bike etiquette during Bike Week. They reviewed hand signals and safe procedures while bike riding.



During our fitness time, youth use the railyard to complete various fitness activities like push ups, lunges, and core work outs.



Midway Manor youth take part in a specialty club called *Hair-ology*. They explored different hairstyles and textures using mannequin heads and cosmetology supplies. Youth also explored different cultures and researched how they may represent and celebrate their culture through hairstyles and accessories.



# JEB Little Creek Urban Knights



Members of JEB Little Creek Urban Knights 4-H Club pose for a group picture during the end of school year celebration.

Youth finished up the school year and received awards for their participation during the 4-H year, with Morgan C. receiving the 4-H Spirit Award, Amari M. receiving the Best Presentation Award, and Arianna C. (President) receiving the award for Urban Knight of the Year. Six youth graduated from Urban Knights: Arianna C., Morgan C., Bianca D., Dash H., Amari M., and Javelle W.

## Underwater CLOVERBUDS



### Cloverbuds Art Project

Jaiden K., Reagan R., and Lyrik R. pose with their art project after placing their handprints on the canvas.

The completed project, with handprints from all Cloverbuds members was prominently hung at the CYP center at the end of the school year.

The Cloverbuds also finished up the school year and received awards for their participation during the 4-H year, with Miya R. receiving the 4-H Spirit Award and Quinten B. (Pledge Leader) receiving the award for Underwater Cloverbud of the Year, as well as the only Perfect Attendance Award. Seven youth graduated from Underwater Cloverbuds to Urban Knights: Quinten B., Olivia C., Aksel E., Kennedy E., Destiny J., Jaiden K., and Chloe P.



Learn more about 4-H Youth Programming and Military Partnerships by going to this website:  
<https://4-hmilitarypartnerships.org/>



## How do YOU become involved?

**For more information on Virginia Beach 4-H,  
follow us on social media or contact us.**

<https://virginia-beach.ext.vt.edu/programs/4-H.html>

<https://twitter.com/vabeach4h>

<https://www.instagram.com/vabeach4h/>

<https://www.facebook.com/vabeach4h>

<https://www.youtube.com/channel/UCBDOUIrE7nXDWBEV8ltz1KQ>



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