



# Virginia Virtual Farm to Table Program



“Healthy Farms and Healthy Food for the Commonwealth and Common Good”  
Virginia Farm to Table Plan

In this new series, participants will take virtual tours of Virginia farms to *learn how*:

Virginia grown food is produced and prepared for you and your families.  
To prepare new recipes from the foods that are produced on local farms.  
VCE professionals, farmers, and food businesses are cultivating healthy food, farms, and communities

Each virtual tour is 40 minutes long and open to everyone!  
All sessions will take place on Fridays at 2 PM from May 15<sup>th</sup> – September.

For full series information: <https://bit.ly/2zQYNXI>  
Questions may be directed to Lenah Nguyen [lgeer@vt.edu](mailto:lgeer@vt.edu)



[www.ext.vt.edu](http://www.ext.vt.edu)

Virginia Cooperative Extension programs and employment are open to all, regardless of age, color, disability, gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, veteran status, or any other basis protected by law. An equal opportunity/affirmative action employer. Issued in furtherance of Cooperative Extension work, Virginia Polytechnic Institute and State University, Virginia State University, and the U.S. Department of Agriculture cooperating. Edwin J. Jones, Director, Virginia Cooperative Extension, Virginia Tech, Blacksburg; M. Ray McKinzie, Administrator, 1890 Extension Program, Virginia State University, Petersburg.

If you are a person with a disability and desire any assistive devices, services, or other accommodations to participate in this activity, please contact Lenah Nguyen, VCE at (540) 341-7950/TDD\* during business hours of 9 a.m. to 5 p.m. to discuss accommodations five days prior to the event. \*TDD number is 800-828-1120.

## Community, Local, and Regional Food Systems

